



PE

Intent:

PE is a statutory requirement of the National Curriculum which focuses on educating the whole child. This is achieved through the teaching of a high quality PE programme where pupils develop physical competence and confidence in a range of activities. Furthermore, children are given opportunities to try new things, learn new skills and explore new talents. PE also benefits children in other areas such as personal development, health and well-being, enjoyment, success and achievement across the whole curriculum.

PE at St Andrew's is designed to engage, encourage and celebrate children's enthusiasm, talent and passion for PE and sport in every aspect of the curriculum. Our aim is to explore much more than just each child's curriculum rights and needs. This occurs through celebrating every child's effort and success whilst guiding them to achieve their own individual goals and pursue new sports. Developing and nurturing a culture of enjoyment and fun underpins the qualities necessary for all children to succeed in their own way.

In addition, PE provides a fantastic social and emotional platform for children to form strong bonds and make life-long friendships. Children are able to learn all about team work, rules, regulations, different roles and responsibilities as well as the importance of good sporting behaviour and displaying respect and fair play towards the opposition and officials alike. As such, PE plays a key role in helping children to maintain good physical and mental health whilst learning how to become good, well rounded respectful and responsible citizens.

Implementation:

These areas are embedded within our PE lessons at St Andrew's and children are afforded the opportunity to progress and build on their own success whilst learning at their own pace. At St Andrew's we endeavour to achieve this by:

- Ensuring that teaching staff are confident and well equipped to teach the PE curriculum. This is achieved through regular dialogue, team teaching and staff training with the PE co-ordinator.
- Appropriate equipment for the children to use in PE lessons, at break times and lunch times and lunch and after school clubs.
- Providing inter school competitions and tournaments through a variety of sports. This is achieved through the membership of the Hyndburn sports partnership and the Church and Oswaldtwistle cluster for sports.

- Offering lunchtime and after school clubs in a variety of sports across both key stages.
- Assessing children practically and allowing children to take ownership of their own learning through celebrating good work, sharing good skills with their peers and assessing their own and each other's performance by videoing and using tablets as well as identifying next steps.
- Promoting exercise in partnership with a healthy diet and healthy lifestyle in accordance with the school's healthy eating policy.

Impact:

The impact of PE at St Andrew's is measured through regular assessment of children in PE by teachers and the PE co-ordinator as well as asking children for their thoughts through pupil interviews. In addition, attendance of out of school clubs across the key stages will be measured and monitored.

As a result of delivering this robust curriculum, all children will have:

- Competence and confidence in a range of physical activities
- A good understanding of personal development, health and well-being, enjoyment, success and achievement that can be achieved through PE
- High aspirations, which will see them through to further study, work and a successful adult life

At St Andrew's CE Primary School, we are committed to creating life-long learners who will be equipped with the knowledge, skills and drive to contribute positively to an ever-changing world.